

Erin Budesheim

402-515-6546
erinfb2@illinois.edu

Education

Creighton University, Omaha, NE August 2015—May 2019
Bachelor of Arts in Psychology
Summa Cum Laude
GPA: 3.91/4.00

University of Illinois at Urbana-Champaign August 2019-present
Doctoral Student—Counseling Psychology Program

Research Experience

Undergraduate Research Assistant March 2016—May 2019
Mentor: Alicia Klanecky, Ph.D.
Creighton University, Omaha, NE

Research Projects:

- **Promoting student resilience (Spring 2018-Spring 2019)**
 - Performed literature review
 - Helped design quasi-experimental study and program evaluation
 - Built Qualtrics survey measuring various psychological variables both pre- and post-intervention
 - Prepared stimulus materials for program intervention
 - Lead program implementation with pilot groups (currently ongoing)
- **Mental health stigma and alcohol use (Fall 2016-present)**
 - Performed review of mental health stigma literature
 - Assisted in design and implementation of two survey studies
 - Prepared, coded, and analyzed data in SPSS
 - Presented results at APA conference (August 2018)
 - First author on manuscript in preparation
- **Emotion regulation and college drinking (Spring 2016)**
 - Participated in laboratory mood induction procedures
 - Coded and prepared data for analysis in SPSS
 - Assisted in data interpretation
 - Presented findings at APA conference (August 2017)

Additional Research Activities:

- Coded and prepared data for a program evaluation conducted with the Women's Center for Advancement, investigating the role of trauma experience on staff burnout and turnover.
- Assisted Dr. Klanecky in peer-reviewing manuscripts for journal publication

Conference Presentations (*Presenter)

Barash, J. N., ***Budesheim E. F.**, Klanecky, A. K., Budesheim T. L., & Dickel, T.

(2018, August) *Mental health stigma following treatment as a risk for problem drinking in college*. Poster presented at American Psychological Association Conference, San Francisco, CA.

Klanecky, A. K., *McAndrews, S. A., *Meyer, R., Barash J. N., & ***Budesheim, E. F.** (2017, August). *Sexual abuse moderates induced negative affect and tension reduction expectancies of alcohol*. Poster presented at American Psychological Association Conference, Washington D.C.

Professional Experience

Leadership Education in Neurodevelopmental and Related Disorders (LEND)

Pipeline Trainee

May 2018—August 2018

Munroe-Meyer Institute, Omaha, NE

Responsibilities:

- Engaged in training on family-centered care and cultural competency as emphasized by the Maternal and Child Health Bureau
- Observed and shadowed experts in the fields of Psychology and Applied Behavioral Analysis
- Volunteered and worked with children with neurodevelopmental disabilities in a day camp setting
- Attended legislative strategic planning meetings regarding laws concerning Autism Spectrum Disorder
- Participated on a team of peer-reviewers for submissions to the Association of University Centers on Disabilities Conference

Partial Hospitalization Program Intern

January 2018—May 2018

Immanuel Hospital Behavioral Services, Omaha, NE

Assisted staff with providing mental health and behavioral services to the children, adolescents, and adults enrolled in the program.

Responsibilities:

- Assisted staff in facilitating group therapy
- Facilitated psychological education in conjunction with graduate students and staff
- Worked with teachers and clients to complete work assigned
- Engaged with juveniles and adults during recreational therapy

C.A.R.E. Intern

September 2017—December 2017

Sarpy County Juvenile Justice Center, Papillion, NE

Worked cooperatively with the staff at the Juvenile Justice Center to work with incarcerated juveniles.

Responsibilities:

- Observed and discussed treatment plans with on-staff psychologists, psychiatrist, and nurses
- Accompanied staff on home visits to maintain contact with juveniles on house arrest and their families
- Accompanied juveniles to court hearings
- Worked with day school and alternative school teachers to aid juveniles with school work

- Kept records of juveniles up-to-date

Teaching Experience

Graduate Teaching Assistant

August 2019—present

University of Illinois at Urbana-Champaign

EPSY 202: Exploring Cultural Diversity

EPSY 420: Theories of Psychotherapy

Undergraduate Teaching Assistant

August 2017—May 2019

Creighton University, Omaha, NE

Served as teaching assistant for Dr. Matthew Huss's *Psychology in the Law, Clinical Psychology, and Forensic Psychology* courses during the 2018-2019 academic year.

Served as teaching assistant for Dr. Joshua Fairchild's *Organizational Psychology, Research Methods II, Research Methods II Lab, Introductory Psychology, and Industrial Psychology* courses during the 2017-2018 academic year.

Responsibilities:

- Grade course assessments
- Tutor students
- Hold office hours

Ratio Studiorum Program Decurion*

August 2018—May 2019

Creighton University, Omaha, NE

**Ratio Studiorum Program* is a freshman course that serves as an introduction to the culture of collegiate life. Decurion is an upper-class mentor and teacher for a group of freshman undergraduate students.

Responsibilities:

- Teach classes focused on adjusting to college, overcoming obstacles to learning, and academic opportunities
- Administer a proactive program to build student resilience
- Serve as a teaching assistant to the instructor and as a resource to students

Honors and Awards

Psi Chi

Apr. 2017—May 2019

Chapter President

AY 2018-2019

Creighton University Honors Program

Aug. 2015—May 2019

*Psychology Honors Seminar**

Aug. 2018—December 2018

*One of ten seniors invited to participate in this seminar (out of 70 graduating seniors).

Topic: The Psychology of Africa (Decolonizing Psychology).

Honors Seminar Project: Under the guidance of Dr. Jill Brown, we traveled to Namibia, Africa (Dec 27- Jan 12). The centerpiece of this trip was a 3-4 night homestay in the village of Eenhana on the Angola border, where we conducted life history interviews.